

Joining Instructions Self Defence / Pressure Points Training

Welcome to IPPS close protection training centre, a part of IPPS Ltd. The joining instructions below will give you an idea of what will be required before, during and whilst on the course, should you have any further queries please contact us on 07521086903.

These joining instructions contain necessary background information to enable you to get the best from the course. In order to reassure you, you need to be aware that we DO NOT teach martial arts skills. The training we provide is robust, but not excessively strenuous, and if you are in reasonably good physical shape, you should have no problem in completing the course.

All the techniques are in line with those currently taught by IPPS to close protection operatives and door supervisors, some of the techniques will not be taught to general members of the public for safety reasons, they are tried and tested, simple, effective and safe when used correctly. If you expect to be beaten, flung around the training room, or thrown over other people's shoulders then you will be disappointed.

We risk assess everything we do and make every effort to reduce the risk of injury to the absolute minimum, but obviously, with any physical training, it is impossible to completely eliminate it.

You must be reasonably fit to attend this course and we will ask you to sign a declaration form to the effect that you assess yourself as fit enough to fully participate in the course. If you are not 100% fit it will not be possible to train you. If you have existing injuries then please declare these to the trainer prior to starting any physical activity.

One of the instructors for the course has more than 15 years experience in the Close Protection industry. And one of the instructors are employers in the industry and are active in the field. The course will be taught over one full day but further training can be arranged if required.

If you have martial arts or other related experience, you may know other very effective control and restraint techniques, however we will only teach you within our own syllabus to ensure that any use of force by you will always be 'court credible'.

To assist you further, we will ensure that you are fully aware of the lesser options available for you to consider, before using force on another person. You will also be provided with adequate information on the law surrounding the subject.

The following items will be required by yourself whilst on the course, please have these with you on the first day.

- Training suit
- Comfortable Trainers (not shoes)
- T- shirt or training pants.
- Note pad and black pen.
- All candidates must please arrive at least 15 mins before the course starts.

Please arrive at our training Centre, in Aberdeen, full details will be given once the booking form has been received.

- photographic I.D

The course is currently £30.00 inclusive of all fees etc .we do not currently include accommodation in our costs but this can be arranged if you require it at pleasant B & Bs in The

USE OF FORCE PRE – READ

Whenever you attend a course with IPPS, You will be required to demonstrate your knowledge in this area. We will never deliver and conflict management training without being satisfied that you are completely familiar with your liabilities and responsibilities in relation to the use of force.

It is absolutely vital that you know the areas of law, shown underlined, by heart, as you may well need to rely on them should the occasion ever arise where a complaint of excessive force is made against you.

Section 3 Criminal Law Act 1967, which states:

A person may use such force as is reasonable in the circumstances in prevention of a crime, or in effecting or assisting in the lawful arrest of offenders or suspected offenders or of persons unlawfully at large.

Common law use of force:

Within the United Kingdom the use of force by an individual upon another is considered unlawful unless it is used in;

- Self Defence
- To effect a lawful arrest
- To save a life
- To prevent a crime being committed
- In stopping or preventing a breach of the peace

Justification:

1. The force used in any confrontation MUST be REASONABLE for the resistance encountered.

AND

2. Other options of use of force MUST have either been attempted and failed.

OR

3. Be considered inappropriate given the prevailing circumstances.

Forget the rest and train with the best.



International Personal Protection Security Limited

Granitehill Enterprise Centre, Office 5, Granitehill Road, Aberdeen, AB16 7AX
Telephone : 01224 685619

We look forward to meeting you. Please participate fully, and we are sure you will have an enjoyable and stimulating day with us.

To reserve your place just fill in the booking form attached and send it back to us as soon as possible with your payment to confirm your place or call and discuss it with one of the instructors of INTERNATIONAL PERSONAL PROTECTION SECURITY LTD.

Telephone : 01224 685619

Mobile : 0752 1086903

Regards

Kevin McKay

MR. K. MCKAY (E.M.P.B.G.I)

PLEASE NOTE PLACES ARE LIMITED SO PLEASE APPLY AS SOON AS POSSIBLE.

TO SECURE YOUR PLACE PLEASE ENSURE YOU SEND FULL PAYMENT WITH THIS BOOKING FORM.

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Company Registration No; 344974



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SELF DEFENCE/PRESSURE POINT COURSE BOOKING FORM.

COURSE DATE; T.B.A

RETURN DATE; A.S,A.P

Name..... Sex Age

Address

.....Post code

Telephone no;Mobile no;

I enclose payment of £ as a deposit for the Self Defence & Pressure Point course, or full fee for my attendance. I understand that the deposit or full fee is non-refundable if I cancel, only transferable to a course of the same. I also understand that I.P.P.S Close Protection Centre as owners and instructors of the course are under no liability for the loss or damage of any personal possessions or accidents which may occur through negligence by myself or others and exempt I.P.P.S with its instructors of any injuries or liability.

Print Name Sign Date

Special requirements for health, dietary or religion;

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Any current or previous medical conditions we need to be aware of or any allergies, including medical;

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Please return this booking form one calendar month or sooner prior to your chosen date for the course with the full fee and one passport type photo . Please remember that this is non-residential , you will therefore be liable for your own arrangements and the costs incurred . Thank you for your CO-operation.

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Company Registration No; 344974